



ALLIANCE BJJ SCOTTSDALE



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6-7AM	BJJ MIXED LEVELS		BJJ MIXED LEVELS		BJJ MIXED LEVELS	
9-10AM	BJJ MIXED LEVELS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	10-11AM STRENGTH CONDITIONING
12-1PM						11-12PM OPEN MAT
4 PM-5PM	KIDS BJJ GRAY & ABOVE Also Invites		KIDS BJJ GRAY & ABOVE Also Invites		KIDS BJJ GRAY & ABOVE Also Invites	
5 PM-6PM	KIDS BJJ Fundamentals	KIDS BJJ Fundamentals	KIDS BJJ Fundamentals	KIDS BJJ Fundamentals	KIDS BJJ Fundamentals	
6 PM -7PM	FUNDAMENTALS CLASS	BJJ MIXED LEVELS	FUNDAMENTALS CLASS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	
7:00 – 8PM	ADVANCED BJJ		ADVANCED BJJ			