



ALLIANCE BJJ SCOTTSDALE



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TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-7:00AM	BJJ MIXED LEVELS	BJJ NOGI	BJJ MIXED LEVELS		BJJ MIXED LEVELS	
9:00-10:00AM	BJJ MIXED LEVELS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	BJJ MIXED LEVELS	10-11AM STRENGTH CONDITIONING
						11-12PM OPEN MAT
4:30-5:30 PM	KIDS COMPETITION INVITE ONLY		KIDS COMPETITION INVITE ONLY			
5:00-6:00 PM	KIDS BJJ	KIDS BJJ	KIDS BJJ	KIDS BJJ	KIDS BJJ	
6:00 -7:00 PM	FUNDAMENTALS CLASS	BJJ MIXED LEVELS	FUNDAMENTALS CLASS	BJJ MIXED LEVELS	BJJ MIXED LEVELS / JUDO 6:00 - 7:30	
7:00 - 8:30PM	BJJ MIXED LEVELS	NOGI CLASS 7:00-8:00	BJJ MIXED LEVELS	NOGI CLASS 7:00-8:00		